



# SteinerAcademyExeter Newsletter

Issue No 78 26<sup>th</sup> Jan 2018

## Dates for your Diary

For meetings outside of school hours please use the West Garth Road pedestrian gate to access the site.  
All evening meetings start at 19.30 unless indicated

Sat 27 <sup>th</sup> Jan	Community work day		Thurs 8 <sup>th</sup> Feb 9.30	Travel plan group all welcome
Sat 27 <sup>th</sup> - Sun 28 <sup>th</sup> Jan	Expedition Club weekend		Fri 9 <sup>th</sup> Feb after drop off	Coffee and Questions with Aegir
Thurs 1 <sup>st</sup> Feb after drop off	Parking working group meeting		Fri 9 <sup>th</sup> Feb 14.00 pick up	Class 1 M cake sale
Thurs 1 <sup>st</sup> Feb 19.30	KG parents' evening		Mon 12 <sup>th</sup> - Fri 16 <sup>th</sup> Feb	Half term
Fri 2 <sup>nd</sup> Feb	Candlemas celebrated in school		21 <sup>st</sup> Feb 19.30 - 21.00	Early years talk - What is Steiner Education - Aegir Morgan
Wed 7 <sup>th</sup> - 8 <sup>th</sup> Feb	RSC class 8		Sat 3 <sup>rd</sup> March	Seize the Day

## Prehistoric living - Class 3



As part of their shelters main lesson class 3 visited a prehistoric cave.

*Kents cavern is a lovely place and we went there for a school trip and we learnt about people. Gemma, Class 3*

*There was a cave girl who the palaeontologist's think was eaten by a hyena. It was very exciting. Martha, Class 3*



## Sat 27th Jan 10am-3pm School Community Work Day

Everyone welcome, indoor and outdoor jobs. Please bring a dish to share for lunch and vegetable for soup. Furniture Sale in the afternoon to dispose of surplus items. Note: we will be finishing promptly at 3pm.

### Host families needed!

We are pleased to announce we will be hosting two language schools this year. The first collaboration with Exeter

College, hosting a group of students from Thailand, who will be coming to the school for four weeks in April. Then at the end of the summer term, we will have our Italian students as we have done for the last two years. We are looking for host families for both schools, so if you think you could host a teenager for up to four weeks, please contact Reception. The Thai school will pay host families £130 per week. **Jenny Salmon, Resources Manager.**

### Questions? And Coffee?



Why do you teach my child farming? What is Eurythmy? When can my child play football? Where is lost property? What can I do to help? Do we have class reps anymore? What is Arbor and how does it work?



If you have any questions, ideas or would just like a chat come along to Coffee and Questions on Fri 9th Feb after drop off. Aegir Morgan (Vice Principal) and Katie Young (Communications Lead) will be on hand to answer questions and have a chat over a drink. Please sign in at reception.

### Trips cancelled?

As you will be aware we have asked that you pay 50% of your child's total trip amount by the end of Jan. Thank you to all those who have made payments and who have contacted the finance team to make individual arrangements. So far we have received very little money. This means we may have to start seriously considering cancelling trips. As a Steiner school we acknowledge the importance of residential trips so have decided to extend the deadline to **receive 50% until the end of Feb half term.**

The full trip amount has been added to your Parent Pay account. Please email [finance@steineracademyexeter.org.uk](mailto:finance@steineracademyexeter.org.uk) if you need to make individual arrangements or are having problems with your Parent Pay account. Please don't pay using Arbor.

### Parent education for early years

These workshops are designed to give families an insight into the first seven years in Steiner education. They are for parents only. At present there is no need to book, the sessions are free and will take place in Thomas Hall. Contact Tara Milford for more details [tara.milford@steineracademyexeter.org.uk](mailto:tara.milford@steineracademyexeter.org.uk)

- **What is Steiner Education?** Aegir Morgan, Vice Principal. Wednesday 21<sup>st</sup> Feb 7.30-9pm 45 minute presentation followed by questions.
- **The First Seven Years.** Saturday 24th February 10-12, a presentation combined with an optional seasonal craft.
- **Rhythm, Repetition and Reverence.** Saturday 24 March 10-12, a presentation combined with an optional seasonal craft.
- **Festivals and Food.** Wednesday 25th April 7.30-9pm a presentation combined with an optional seasonal craft.
- **The State-funded Steiner School.** Alan Swindell Principal. Wednesday 23rd May 7.30-9pm, a 45 minute presentation followed by questions

- **Simplicity Parenting.** Saturday 30 June 10-12, a workshop combined with an optional seasonal craft.

## Sporting Achievements - Congratulations Juliet!



Juliet does tap and ballet at Dansci Dance Studio in Exeter, and she was given an 'integrity award.'

If you would like your child to feature here please contact Daniel Friedeberg Games Teacher & Movement [daniel.friedeberg@steineracademyexeter.org.uk](mailto:daniel.friedeberg@steineracademyexeter.org.uk)

## Yummy cakes and money in the pot!

Thank you to Spindlewood Kg for their yummy cakes. The stall was a great success and raised £100. Katherine will be using the funds to buy some warm clothing to have in our borrowing basket so that all the children can be warm enough. Thank you to Anna for organizing the cake stall and to all of you who bought donations of the most scrumptious cakes and biscuits and helped on the day.



## Parking meeting

Thank you to the 13 staff and parents who attended the meeting and the 6 parents who emailed in suggestions and support.

It was clear that, although there were frustrations on both sides, there is a lot of goodwill, ideas and support for moving the parking situation forward.

Ideas raised;

1. That the library could be opened early and staffed by parents for parents and children that use public transport but have to get to school early
2. A clear plan for parking and drop off areas in West Garth Road
3. Could the council change the time of the parking restrictions in West Garth Road?
4. Could we have 30 mins to drop off rather than 20 mins?
5. Approaching outlying village halls to see if we can use their car park as a park and ride for festivals
6. Approaching local residents to see if we can use their drive for parking - we pay them a fee
7. Suggest we move the plan forward in stages
8. As a start, can we create a safe zone for crossing outside the school lane on West Garth Road - using cones on both sides of the road. Since the meeting Alice has approached the council/police about placing cones in West Garth Road
9. A working party to look at all suggestions. This group would then communicate with the travel plan group. Francis is happy to chair this group
10. We need to create a culture around parking and communicate it continually to parents.

There will be a parking working group meeting on Thurs 1<sup>st</sup> Feb after drop off. If you would like to attend please email [Katie.young@steineracademyexeter.org.uk](mailto:Katie.young@steineracademyexeter.org.uk)

## Community News, Events and Advertising

*Disclaimer: Placement of advertisements does not imply endorsement by SAE of the products or services offered.*

**3 bed house for sale in Buckfastleigh**, with large garden, garage and green house. For details please contact, Katrina on 01364 643117 or 07518170727 - Also looking for a similar house to buy in Exeter or surrounding area.

### First aid courses run by our very own Danny Parcell!

Dear SAE community, I will be running a 1 day Emergency First aid course on February 14th at the school. This course will have a lot of emphasis on keeping young children safe. The whole day is available for only £50 for anyone with a connection to the Academy. Please contact me on **07904100228** or [danny.parcell@steineracademyexeter.org.uk](mailto:danny.parcell@steineracademyexeter.org.uk) to book a place.

I will also be running a 3 day First aid course 14-16th February which is available for £150 for anyone with a connection to the school.



This is a great introductory offer as I begin to offer First Aid training courses. Please feel free to contact me if you have a need for any specific courses or training. I can be quite flexible and we can run a course to suit your needs. Danny Parcell, First Aid Coordinator Steiner Academy Exeter.

To advertise in this space please contact Dan Nagy; [accountpayable@steineracademyexeter.org.uk](mailto:accountpayable@steineracademyexeter.org.uk)

Our prices are:

- £15 per term (approx. 6 newsletters)
- £8.00 per half term (approx. 3)
- 1 off event per newsletter £3

If it is free event that would benefit the school community we will advertise it for free. Please pay in advance. The best format for an ad is jpeg and/or words. **Katie Young, Editor.**

## HEARTSONG

SONGS OF PEACE, FREEDOM AND JOY

Including Gospel, Harmonic Temple, Contemporary, Taize

WITH ALISON WHITTALL

JAN 28TH FEB 25TH MARCH 25TH 2018

LAST SUNDAY IN THE MONTH

7pm – 9.30pm

Friends Meeting House, Wynard, Magdalen St EX24HU

Harmonies taught by ear, no experience necessary [www.alising.co.uk](http://www.alising.co.uk)

Cost £10 (£7 conc) [alising@btopenworld.com](mailto:alising@btopenworld.com)

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City Guilds  
 NPTC

Weleda Advisor **Kayleigh Diggle** Elmwood mummy. Offering advice and offers from the

natural skin and healthcare range Weleda. Also founded by Rudolf Steiner, 1921. Follow me on fb [@wellbeing.advisor.kayleighdiggle.devon](https://www.facebook.com/wellbeing.advisor.kayleighdiggle.devon) or contact me on 07956714214. Samples available at Kindy.



## Reflexology for little feet

Calming • Helps sleep • Aids digestion • Encourages healthy weight gain • Nurturing • Strengthens immune system

A 3 week course teaching parents how to give their baby a Reflexology treatment and treat common ailments that occur in babies.

**Venue:** Family Garden, 80 Merrivale Rd, EX4 1PP

**Dates:** 6<sup>th</sup>, 20<sup>th</sup> and 27<sup>th</sup> February 2018

**Time:** Tuesday 10h30 to 11h30

**Cost:** £45 (£15 deposit, balance due at 1<sup>st</sup> session)

To book your place, contact Gina Hurley by 30 January

Tel: 01363 84119

Mob: 07864 171406

Email: [ginahurley44@gmail.com](mailto:ginahurley44@gmail.com)

[www.journey-into-healing.co.uk](http://www.journey-into-healing.co.uk)

[www.facebook.com/JourneyIntoHealing](https://www.facebook.com/JourneyIntoHealing)



**Taoist Tai Chi™ arts**

**moving meditation**  
 for body, mind and spirit

Free open house session  
**Wednesday 31<sup>st</sup> January**  
**7.45 pm to 9.45 pm**  
 Steiner Academy, Thomas Hall,  
 Cowley Bridge Rd, Exeter EX4 5AD

New Beginners course will start  
**Wednesday 7<sup>th</sup> February**  
**8.00 pm to 9.45 pm**  
 Steiner Academy, Thomas Hall,  
 Cowley Bridge Rd, Exeter EX4 5AD

Please see our website or phone for details  
**Mike & Sonya 01884 798231**

Taoist Tai Chi™ arts are specifically designed to improve health

The movements exercise the whole physiology, including the tendons, joints, connective tissue and internal organs.

At the mental and spiritual level, they are a method of "taming the heart" and developing an attitude of calm, compassion and reduced self-centredness both during practice and in daily life.

Taoist Tai Chi™ arts are accessible and beneficial to everyone, regardless of their physical condition.

UK - Taoist Tai Chi YouTube.com/user/ITCS  
 A charity registered in England and Wales (1053425) and in Scotland (SC039513)

[taoist.org](http://taoist.org)