Steiner Academy Exeter

School food policy

February 2016

Mission Statement:

We will work to improve the health of the whole school community by equipping pupils, staff and their families with ways to establish healthy eating habits that benefit both themselves and the local/wider environment.

We will provide high quality food alongside food education. We will continue to support our local food network by using local and regional farms as much as possible. We will build upon our relationships with our senior managers and governors, building a positive school food culture.

Our Goals:

We will provide freshly prepared, healthy and organic (where possible), GM-free meals.

They will be seasonal and affordable.

They will meet the standards set out by the government.

We will steadily build food confidence within the school and grow the school dinner menus.

We will provide an enjoyable dining experience for all.

We will continually encourage healthy packed lunches.

We will continually share resources and ideas around school food with other schools in the area and within the Steiner fellowship.

We will continually ensure that children and staff are aware of the importance of healthy, well- balanced meals and diets.

We will give children the opportunity to cook with food they have grown themselves on the school premises or from other farms they have forged relationships with.

We will give pupils the opportunity to learn about farming and the growing of their foods and the impact that has on the environment and health.

We will create opportunities for the children to meet local producers/growers.

We will only source from responsible, local and ethical sources.

Our meat will be from pasture-fed livestock and organic farms.

We will keep the school community informed about any food issues or changes.

Monitoring and review:

This policy will reviewed on a yearly basis by the school food group.

Please feel free to email: lou.dudley@steineracademyexeter with any comments in regards to the school food policy.